

Silver Streak

Vol. 9 No. 2

Senior Services of Alexandria

Summer 2008

Message from the Executive Director



We have had a busy summer at SSA and we have some exciting events planned for the fall. September will be a particularly busy month with our Claire Kincaid Travel Series, the year's first Restaurant Night and *Young At Art*.

We have three additional Restaurant Nights planned in November, January and April. Also, don't forget, the *The Alexandria Calendar 2009* will be available in November.

We have already begun to plan for the 2009 SSA gala, which will be held on March 28. We will provide more details on this event as it gets closer.

All of the readers of *The Silver Streak*, I am sure, will join me in thanking John Drummond for his continued support of the newsletter. John is responsible for the layout of *The Silver Streak* even though he and his wife Charlotte have moved to Florida.

Charlotte joined SSA 25 years ago, and recruited John to help with folding, stuffing envelopes, and mailing all correspondence from SSA to its members and supporters. As Charlotte took on the bookkeeping chores for the organization, John helped with that as well, manually reconciling accounts until the last penny was recorded.



John, who worked at Time Life Books, helped bring SSA's accounting system into the computer age and even obtained a discarded computer from his employer for SSA office use. Eight years ago, when then executive director Susan Dawson decided to launch *The Silver Streak* she asked John to take responsibility for its layout and production. He continues this work today, as a volunteer. We couldn't do it without him. Thanks John, for all of your hard work.

Janet Barnett

Senior Services Holds Annual Meeting

In June, Senior Services held its annual meeting, welcoming new members to the Board of Directors and saying farewell to outgoing members, Sandy Calhoun, Al Duncker, and Susan Winn after many years of valuable contributions. "We are very grateful to the three outgoing Board members for their dedicated service to Senior Services of Alexandria, and we are looking forward to continuing the work they have so ably supported," Behnke said.

The membership nominated and unanimously elected the following to join the board: Barbara Beach; Barbara Brenman; Jennifer Brown; Darryl Edwards; Harvey Gray; Connie Hart; Susan Longstreet; Merrie Morris; Mimi Olinger; and Carol O'Shaughnessy. Nominated and elected for their second term are Carl D. Behnke, Arthur Peabody, Joan M. Richardson, Mark N. Roth, Marie Schuler, and John B. Smith, II. Continuing their service to the Board are Barbara Anderson; Constance Frogale; C. B. Harris; Arthur Sauer; Paul Smedberg; John W. Wilson, and Fitz W. M. Woodrow, Jr. The 2008-2009 officers are: President, Carl D. Behnke; Vice President, Mark N. Roth; Secretary, H. Arthur Sauer and Treasurer, John B. Smith, II.

"These new Board members are joining our organization at an exciting time," Behnke said. "This year,

we hired Janet Barnett to be our Executive Director and she has brought a new focus and energy that will help us move SSA forward. While our mission will remain the same, we must deliver our services in new ways to meet the changing needs of Alexandria's senior population.

"Janet and the members of this Board are engaging the City's political leadership in a manner that has not been done before and that dialogue, I believe, will help us to make the increasing number of seniors in Alexandria a higher priority," Behnke said.



Back row-left to right. Joan Richardson, John B. Smith, II, Jennifer Brown, Mark N. Roth, John Wilson, III, Carl D. Behnke, H. Arthur Sauer and Harvey L. Gray. Middle row-left to right. Mimi Olinger, Barbara Beach and C.B. Harris. Seated-left to right. Marie Schuler, Barbara Brenman and Darryl Edwards.

**Board of Directors
2007-2008**

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Mimi Olinger

Carol O'Shaughnessy

Arthur Peabody

Joan M. Richardson

Marie Schuler

Paul C. Smedberg

John W. Wilson III

Fitz W.M. Woodrow Jr.

Janet Barnett

Executive Director

Meals On Wheels Receives \$10,000 Donation

The Hoffman Company of Alexandria gave Senior Services of Alexandria \$10,000 to support the organization's Meals On Wheels program. SSA Executive Director, Janet Barnett, spoke with Hoffman Company CEO, Jay Hoffman about the gift.

"He told me that he saw a news report about Meals On Wheels and wanted to do something to help with the program," Barnett said. "We are very grateful and will use the money to defray expenses for the program."

In 2007, 72 volunteers delivered 43,712 meals to an average of 92 clients each month. While the City of Alexandria pays for meal preparation, the cost of the food and supports clients who meet certain income eligibility requirements, SSA also delivers meals to people who pay independently and, fully supports those who cannot pay, but do not meet the City's criteria. SSA relies on volunteers to deliver the meals to those who need them.

"YOUNG AT ART" Opens September 8 ***Cosponsored by SSA and Goodwin House Foundation***

The 22nd annual "Young at Art" show opens on Monday, September 8 at the Durant Recreation Center, 1605 Cameron Street and runs through October 24. A reception and awards ceremony is scheduled for September 28 from 2:00 p.m. to 4:00 p.m., also at Durant Recreation Center.

Director of Davinci's Attic, a nonprofit arts education organization in Reston.

"Young at Art" has consistently attracted accomplished artists who work in all mediums. Works by teachers, professionals and amateurs have been submitted and accepted.

When "RSVP," (Retired Senior Volunteer Program) was looking for a new sponsor for the show, both Goodwin House and Senior Services of Alexandria were at the ready. "We are delighted to work with SSA, and carry on the tradition of RSVP's desire to showcase the works of talented local artists," said Jeanne Jacob, Executive Director of the Goodwin House Foundation.

Continued on page 3

The juried show is open to all metro artists ages 55 and older. Pauline Daniels, Art Director at Goodwin House Alexandria, will serve as the juror.

Ms. Daniels is a published writer, artist, actress, director, singer and teacher. She has served as adjunct professor in art for the Corcoran College of Art and Design and has served as guest artist for the Fairfax County Public Schools developing and teaching cross curriculum lessons in history, science, English and the visual and performing arts. In addition to her work at Goodwin House, she is currently the Executive

SSA Presents ***The Claire Kinkaid Travel Series***

Join Hugh and Barbara Barton of Barton and Barton Travel at Stardust Restaurant, 608 Montgomery St, in Alexandria for four evenings of "Travels with the Bartons."

Alexandrians Barbara and Hugh Barton have been on the road for business and pleasure both in the United States and abroad. They currently send people from all over the country to Italy and Ireland through their company. As a gift to Senior Services of Alexandria, The Claire Kincaid Travel Series will provide a new and unique opportunity to learn about the pleasures of world travel at any age. These evenings with the Bartons, filled with wit and charm and illustrated with exciting photographs will motivate you to undertake your own travels. You will learn travel skills, and learn how to relax and enjoy the gracious life style of our neighbors around the world.

Tuesday, September 9 – Traveling with Grandchildren and Adult Children.

Tuesday, October 14 – Traveling to Family Gatherings.

Tuesday, November 4 – Looking for your Roots.

Tuesday, January 13 – 2009 – Internet Research – Tips and Tricks for Travel Planning on the Internet.

****Stardust Restaurant***

608 Montgomery Street.

5:30 p.m. to 7:00 p.m.

H'ordurves and Cash Bar

\$15 per person, per session or subscribe to the 4-part series for \$50 per person

Mail registration by credit card or by check payable to Senior Services of Alexandria, 700 Princess Street, Alexandria, Virginia.22314. To hold your spot, call 703-836-4414, ext. 11

****A 10% discount on dinner will be offered to those wishing to stay for dinner.***

Bob Bussler Named 2008 Volunteer of the Year



Senior Services of Alexandria has named Bob Bussler the 2008 Volunteer of the Year. Bob has volunteered with SSA's Meals On Wheels program for the past ten years and has recruited many additional volunteers for the program.

"I began volunteering after I attended a Men's Fellowship meeting at my church," Bob said. "The man who was responsible for recruiting volunteers to deliver Meals On Wheels asked me to get involved."

The rest, as they say, is history. When the volunteer recruiter for Trinity United Methodist Church's Meals On Wheels moved to Fairfax County and began writing a book, he called Bob.

"Since I already knew the program, he suggested

I take on the responsibility for recruiting volunteers for our church's commitment to the program," Bob said.

That commitment grew from one day a month to five days a month. "In the beginning, it wasn't so hard to recruit volunteers but as our congregation has aged, it has become much more difficult," Bob said. "Sometimes it takes three or four phone calls to get one volunteer."

But Bob has persisted and is almost always able to fill Trinity's days. "I never worry about Bob's days," said Samantha Pipkin, SSA's Meals On Wheels Director. "He's amazing."

SSA's President, Carl Behnke, also offered his gratitude and congratulations to Bob. "We are very grateful to Bob and the many long-time Meals On Wheels volunteers," Behnke said. "We need more just like him."

To volunteer to deliver meals to older Alexandria residents, please call Samantha Pipkin, Meals On Wheels Director, at 703-836-4414, ext. 11.

Dine Out For SSA

Four Alexandria restaurants have agreed to support SSA this year by hosting **Restaurant Night**. The restaurateurs will donate a portion of their receipts on a designated day to support SSA programs. Plan to sample cuisine from four different parts of the world for a great cause. Please call the restaurant to make your reservations, and tell them SSA sent you.

September 18:

Satay Sarinah

Authentic Indonesian Cuisine
512 –A South Van Dorn Street
Alexandria, VA 22304
703-370-4313
703-370-9672
www.sataysarinah.com

November 5:

La Bergerie

French Cuisine
Crilley Warehouse, Second Floor
218 North Lee Street
Alexandria, VA 22314
703-683-1007
www.labergerie.com

January 22:

Hector's Place

Italian Cuisine
3112 Mount Vernon Avenue
Alexandria, VA 22305
703-837-0666

April 9:

Tempo Restaurant

Northern Italian and French Cuisine
4231 Duke Street
Alexandria, VA 22304
703-370-7900
www.temprestaurant.com

Young At Art

Additional support for "Young at Art" is being provided by The Campagna Center, RSVP, and the Alexandria Commission for the Arts and the Friends of the Torpedo Factory.

The fee for entering the first three works is \$10 and \$5 for each additional entry. All mediums are accepted. Intake of art is scheduled for Wednesday, September 3 from 9:30 a.m. to 1:30 p.m. at the Durant Recreation

Center. Artists selected to participate in the show will be notified by telephone on Wednesday evening. Artists not receiving notice must pick up their pieces between 10:00 a.m. and 1:00 p.m. on Thursday September 4th

For additional information, please call Janet Barnett at 703-836-4414 or send an email to directorssa@comcast.net.

DOT: Para-transit..... 703-836-5222	In-Home Care & Chore help:.....703-836-4414, ext 13
Senior Taxi:..... 703-836-4414, ext 15	Meals on Wheels:.....703-836-4414, ext 12
Employment Counseling.....703-836-4414, ext 13	Money Management for Elderly:703 836-4414, ext 14

Contributions

Enclosed is a donation of \$ from

Name

Address

State / Zip

Phone number

email Address

In Honor of.....*

In Memory of.....*

*Send Notice of Donation to:

Name

Address

State / Zip

**Send your tax-deductible contributions to SSA
700 Princess Street, - Mezzanine
Alexandria, Virginia 22314**

*For information about making a bequest in your will,
call 703-836-4414 Ext. 10
or visit www.seniorservicesalex.org*

The Alexandria Calendar 2009 Coming Soon

Senior Services of Alexandria is proud to announce that artist, Deron DeCesare, has completed many of his pen-and-ink drawings for this year's *Alexandria Calendar*. The calendar will be available in November, just in time for gift-giving.

The calendar was the brain child of SSA Board member and activist Florence Price in 1980. The calendar has raised thousands of dollars over the past 28 years to help SSA with its mission of keeping senior citizens in their own homes and independent as long as possible.

Look for this year's *Alexandria Calendar* in several local shops and museums or at the SSA office at 700 Princess Street on the mezzanine. For further information about availability and sponsorship, call 703 836-4414 Ex. 10 or Judy Drewry at 703 370-1948.

Donations were made to SSA in Memory of

Pauline Martin
by Dawson & Associates, Inc.

Karen Duncker
by Bruce M. Graig

Donations were made to SSA in Honor of

Senior Services of Alexandria
by Safeya Abushady,
R. E. & N.C. Dungan Foundation
and Christina Roundtree on behalf of
Helen Nakki

Mary Ann Ormes
by Judy and Clinton Brush
**In Honor of those
who have gone before.**
by Mr. & Mrs. Harold W. Gossett, II

The Silver Streak is a quarterly publication of Senior Services of Alexandria.

Contributors: Janet Barnett, Carla Branch, Rosie Borders, and Judy Drewry. Production by John Drummond

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The mission of Senior Services of Alexandria is to provide comprehensive, accessible, and affordable services to seniors who reside in the City of Alexandria which support the independence and self-sufficiency that enable seniors to age with dignity in their homes and this community.




CATALOGUE FOR
PHILANTHROPY

Please designate Senior Services of Alexandria in the United Way Campaign, Combined Federal Campaign and the Combined Virginia Campaign.



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