

SILVER Streak

The mission of Senior Services of Alexandria is to foster independence and self-sufficiency, enabling seniors within the City of Alexandria to age with dignity.

Meeting at the Fountains at Washington House

Senior Services of Alexandria gratefully acknowledges The Fountains at Washington House for hosting the 2011 Annual Meeting on June 21 and thanks the over 85 attendees of the event. Among these attendees were a number of elected officials, including Congressman Jim Moran, State Senator Patsy S. Ticer, Mayor William D. Euille, Vice Mayor Kerry Donley, and City Councilwoman Redella S. Pepper.

A delicious lunch, prepared by Executive Chef Kevin Halpin and his team, was served during the day's keynote presentation made by City of Alexandria's Division on Aging Director MaryAnn Griffin and Alexandria Commission on Aging Chair Jane King on the draft strategic plan on aging entitled, "The Alexandria of our Future."

The second half of the event was dedicated to the election of the 2011-2012 Board of Directors. By unanimous vote, Barbara S. Anderson (President), David P. Baker, Monica Bell, Jennifer M. Brown (Vice President), Linda M. Durand (Treasurer), Carter Flemming, Jane Foote, The Honorable Constance H. Frogale, Harvey Gray (Corresponding Secretary) Nancy Gray, C.B. "Buzz" Harris, Jr., Connie Hart, Thomas B. Irvin, Gordon Kromberg, Gregory L. Murphy, Mitch Opalski, Gay Pasley (Secretary), The Honorable Redella S. Pepper, Gordon P. Peyton, M. Catharine Puskar, H. Arthur Sauer, Lawrence Singer, DMD, and Jay Thomas were sworn into office.

SSA is grateful to all for taking time from their busy schedules to participate in this important annual event.

Senior Services of Alexandria Board Members



Special Events

Judgment of Alexandria: France Versus the World

The Athenaeum

Sunday, September 18, 2011

5:30 – 7:30 p.m.

The two-hour wine tasting event will feature five tasting tables and catered hors d'oeuvres complementing the wines at each table. Four of the five tables will pair red or white wines with savory selections. One table will feature dessert pairings. Borvin Beverage is selecting the event's wines from vineyards in California, France, Germany, and Spain. Attendees will have the opportunity to purchase any of the event's selections that night via Unwined Gourmet Wine & Cigars. The evening's fare is being prepared by Tasteful Affairs Catering. Tickets to the event are \$100 each, and all revenue from ticket sales goes to funding SSA's programs and operations. For tickets, visit www.seniorservicesalex.org or contact Lydia Durand, Development Director at development@seniorservicesalex.org or 703-836-4414, ext 14.

Senior Citizens' Law Day

First Baptist Church of Alexandria

Saturday, October 15, 2011

9:00 a.m. to 12 noon

This event is produced in partnership with the Alexandria Bar Association

Join us for a morning with local experts discussing aging-related legal issues, estate planning tools (how to get started and what happens if you fail to plan!), as well as options for long term care and how to pay for it. Learn about what matters you should begin to address as early as retirement, how to start organizing your legal affairs, and local resources that can help you. This event is free and open to the public. For more information, please contact Janet Barnett, Executive Director, at executivedirector@seniorservicesalex.org or by calling (703) 836-4414, ext. 11 or Lydia Durand, Development Director, at development@seniorservicesalex.org or (703) 836-4414, ext. 14

INSIDE

Message from the President	2	Development News	4
Message from the Executive Director.....	2	In Memoriam & In Honor of.....	6
Programs & Services and Events	3	Important Dates	8

Board of Directors 2011-2012

Officers

Barbara S. Anderson, Esq.
President

Jennifer M. Brown
Vice President

Gay L. Pasley
Secretary

Harvey L. Gray
Corresponding Secretary

Linda M. Durand, CPA
Treasurer

Mark N. Roth, CPA
Immediate Past President

Members

David P. Baker

Monica E. Bell

Carter Flemming

Jane Foote

Hon. Constance H. Frogale

Nancy Gray

C.B. Harris, Jr.

Connie Hart

Thomas B. Irvin

Gordon Kromberg

Gregory L. Murphy, Esq.

Mitch Opalski

Hon. Redella S. Pepper

Gordon P. Peyton

M. Catharine Puskar

H. Arthur Sauer

Lawrence Singer, DMD

Jay Thomas

Janet Barnett

Executive Director

Message from the Board President



The 2010 census data hasn't been fully examined yet, but there are some clear trends that indicate the older population in the U.S. has grown faster than younger groups since 2000, and we know the "baby boomers" are transitioning into retirement planning in burgeoning numbers. This is certainly true in Alexandria as we join our elders who have chosen to "age in place" here in the community. At every stage, we "boomers" have forced changes and strains on communities and governments with our increasing numbers, and there is no reason to suspect we will be less demanding as seniors!

We are also living longer than previous generations, and will require more services for a longer period of time. The coming wave of demands for services has been called the "silver tsunami," evoking visions of the terrible tragedy that befell Japan last year despite some of the best earthquake planning in the world. But Japan was not prepared for the tidal wave

that wiped out a nuclear power plant. Could that have been prevented? I don't have the answer. I do know that Alexandria is facing this tidal wave, and the City of Alexandria, nonprofit and faith communities, and concerned citizens must work together to ensure that planning for seniors and related services are targeted, focused, and available to meet our growing needs.

I have the privilege of serving as Board President of Senior Services of Alexandria ("SSA") this year and leading a Board of Directors that is dedicated and professional in its approach to attacking some of the issues we see coming. Following in-depth strategic planning last year, SSA is focused on increasing services to seniors in three areas:

- Increasing the service of Meals on Wheels from 5 days/week to 7 days/week to ensure that vulnerable adults have access to nutritious meals. SSA contracts with the City to administer this program and deliver the meals each day. Generous donations have already been received from the Ronald M. Bradley Foundation, Rotary Club of Alexandria, Alexandria Yellow Cab, and others to fund meals on holidays

Continued on page 6

Message from the Executive Director



Photo by Jack Brumand

As SSA approaches its 44th year of operations, it remains the one and only nonprofit organization in Alexandria devoted to helping seniors of all income levels remain in

the places and communities they call home. After so many years, I believe it is important that we revisit our programs to ensure they fulfill our mission, "to foster independence and self-sufficiency, enabling seniors within the City of Alexandria to age with dignity," while also staying relevant to the needs of our clients. Over the last year, we have been laying the groundwork for a series of program updates that are taking place this year.

Leading the Board is a new President, Barbara S. Anderson. Barbara is an elder law attorney specializing in wills and estates who has a passion for improving the lives of older Alexandrians. This

passion will provide direction and motivation for a relatively new Board with a significant skill set.

Already Barbara has been instrumental in sculpting one of our first new events, Senior Citizens' Law Day, which will take place on Saturday, October 15, 2011 at First Baptist Church in Alexandria. This event, which is cosponsored by the Alexandria Bar Association, has scheduled local experts on aging-related legal issues, estate planning tools, long term care planning, what you need to know after you retire, and more. We are proud to offer this program for free to the public as the kick off event for our new monthly Speaker Series.

Programs such as the Senior Citizens' Law Day and our new Speaker Series are organized under the umbrella of our new Senior Citizens' Resource Center. The Resource Center is a one-stop source of information on services, activities, and resources for the 55+ population. It is available to provide seniors, their family members, and caregivers with

access to comprehensive, dependable information, and guidance on how to get the services they need. We have also combined our Daily Money Management and In-Home Care Employment and Referral service with the Senior Citizens' Resource Center, to bring them in line with the concept of the Center. We are very happy to have added this vital program to our organization's roster.

Though SSA is going through many exciting updates, it is important that we continue to provide the programs and services that Alexandria's seniors have come to associate with SSA. We are operating the City's Meals on Wheels program and are even seeking to expand services to a complete, seven day a week schedule. To date, we can offer meal service six days a week, Monday through Saturday, and on Federal holidays, due to the generosity of the Ronald M. Bradley Foundation, the Rotary Club of Alexandria, and Alexandria Yellow Cab. Finally, we continue to offer our popular transportation programs for the elderly (Senior

Continued on page 5

Senior Services of Alexandria Program News

Meals on Wheels is fortunate to have a number of dedicated volunteers come through its doors, but it is particularly noteworthy when one of these volunteers expresses such dedication at a young age. This summer, our Meals on wheels program was fortunately to be contacted by a young, 16 year-old St. Stephens St. Agnes student named Clay King. Like many other kids in his class, Clay was required to complete community service hours for school over the summer.

At the time of flash mobs, social media, reduced attention spans, and the lure of playing in the summer sun, Clay differentiated himself from his peers as a responsible, passionate, and enthusiastic young man.

When he first contacted Meals on Wheels Manager Nancy McCormick in June about working for the program, Clay had approximately 40 hours of service hours to complete. He started his service slowly, and in typical fashion, as a runner – one of two volunteer positions that brings the food from the car to the door of the recipient's

home. Very soon, Clay was delivering meals with such regularity that he took on the role of driver, and soon started to deliver meals on his own – a situation offered only to the most veteran volunteers. Additionally, Clay was known for coming to help with meal organization and distribution to volunteers at the morning pick-up site on the days when he was not delivering.

Initially, one might imagine that this story describes the enthusiasm of a young man eager to get his volunteer hours out of the way, but, by the end of the summer, Clay amassed over 60 hours of volunteer time – over 1.5 times the required amount – the warmest of thanks from meal recipients, his fellow volunteers, and gratitude for his dedication from the staff of Senior Services of Alexandria.

As a footnote, at the time he was wrapping up his summer hours, Clay was working on recruiting his fellow students to deliver meals on Presidents' Day. Thank you again Clay, and we look forward to having you with us once again!

A Day at the Resource Center



Clients who call SSA's new Senior Citizens' Resource Center will find a one-stop source of information about services, activities and resources for the 55+ population in Alexandria. It provides seniors, their families and caregivers with comprehensive, dependable information, and guidance on the services they need.

There is no "typical" day at SSA's Resource Center, but a recent visit from a concerned relative exemplifies the many ways that we serve the community. Our visitor was in town to see an older family member who lives alone in Alexandria and is struggling with many issues. We recommended a local elder care attorney, provided

details about Senior Taxi service, offered details about the Alexandria Library's free home delivery of library materials for homebound residents, and discussed the best way to get in-home care. Since that first visit, we have continued to provide local support and advice for the distant relative and are arranging interviews with several caregivers from our screened providers database.

Not every caller is looking for such a wide variety of services, but SSA is ready to answer questions and lead each client to the best solution to their particular need. For more information contact SSA at 703 836 4414 x13 or resourcecenter@seniorservicesalex.org

Mary Lee Anderson

A New face



It is such an honor to be a member of Senior Services staff. There is no way to express in words how much I enjoy working with our clients. I have always had a strong passion for working with seniors and assisting them in their daily needs. As a reservationist, communicating with

our clients on a daily basis, knowing that I am leaving them with a smile on their faces, is what makes coming to work worthwhile.

Reda Hussein

We welcome Reda Hussein, the newest addition to Senior Services of Alexandria's Senior Taxi Reservationist team.

Volunteer at the Torpedo Factory Art Center!

Arts Experience Leaders Needed

The Torpedo Factory is looking for volunteers with an interest in visual arts to greet and enhance the experience of visitors to the art center. Training will be provided. Volunteers are asked to work at least one day a week.

Sign up online at www.torpedofactory.org/volunteer or contact Rebecca Lasky at rlasky@torpedofactory.org, or 703-838-4565, ext 5.

News from the Development Office



Like any good financial strategy, diversity is key. When dealing with programs that serve those in need of assistance throughout the community, it is even more important to have a stable income base. SSA is funded by a combination of dona-

tions from individual donors, foundations, businesses, and the City of Alexandria, yet, in this financial market, it is important to expand even further. We must take full advantage of existing funding opportunities and think outside the box to create new ways to bring in income in order to keep our programs for seniors up and running. While we can do a great deal of this within our offices, we need your help too.

One established, but under-utilized program is the employer matching gift program. (I was shocked to find that less than five SSA donors used them!) As part of many corporate philanthropic policies, many companies will match donations made by their employees to 501(c)3 nonprofits at a set ratio, such as 1:1 employer:employee ratio, 2:1, or in rare cases even 3:1. While the rules for each program differ from company to company, enroll-

ment is generally simple and does not cost you, the donor, any more money.

By taking five minutes during your lunch hour to fill out a form, you can double or triple the size of your donation to Senior Services of Alexandria without spending an additional dime.

Over the course of the next few months, please keep Senior Services of Alexandria, and your employer's matching gift program in mind as you plan your end of the calendar year giving. A donation and a few minutes of your time could make the difference between one or two seniors receiving meals through our Meals on Wheels program, schedule rides to refill their diabetes medication, or find a home care assistant to help them even bathe on a regular basis.

Below you will find a short list of companies that provide these types of programs. Please feel free to contact me if you would like to know if your company offers a matching gift program, or contact your human resources department to enroll. Thank you, and I look forward to being overwhelmed with all of your calls!

Lydia Durand

Adobe Systems, Inc.	Duke Realty	PartnerRe
AllianceBernstein	Economist Editorial	PNC Bank
Altria Group Inc..	Economist Intelligence Unit	POINT ROLL
American Airlines	Exxon Corporation	Quest Diagnostics
American Express	Fannie Mae Foundation	Regence BlueShield
American Stock Exchange	Freddie Mac	Sapeint Corporation
Ameriprise Financial	Gallagher Benefit Services of Washington	Shell Oil Company
Amgen Washington State	GlaxoSmithKlein	Sounds True, Inc.
Aon Consulting	Goldman, Sachs and Co.	Starbucks Coffee Company
Aon Fiduciary Counselors, Inc	Insperty	Struever Brothers, Eccles and Rouse, Inc.
Arthur JGallagher & Coof Inc.	JP Morgan Chase	T. Rowe Price
Aspect Software	Kaiser Family Foundation	The Bellingham Herald Bellingham
ATK Washington Operations	Key Bank	The Olympian Olympia
Avon Products Inc.	Kirkland & Ellis	The Pew Charitable Trusts
BAE Network Systems	Lockheed Martin	The Washington Post
Bank of America	Loomis Sayles	TRowe Price
Boeing Company	Marubeni America Corporation	Verizon, Inc.
Boston Consulting Group	Mastercard International	Washington Mutual Bank
Celerity Consulting Group	McDonald's Corporation	Washington Radio Group
Charles Schwab Corp.	McDonnell Douglas	Washington Square Advisers, Inc.
Chase	Merrill Lynch	Washington Square Securities, Inc.
Cisco Systems	Mikron West	Wells Fargo
Citibank/Citicorp/Citigroup	Mutual of America	West Coast Bancorp
Coco-Cola Company	Newsweek Inc.	West Marine Products
DEShaw & Co., L.P.	Nokia Enterprise Solutions	WTOP-AM
Deutsche Bank	Northern Trust of Washington	WUSA-TV
Dominion Virginia Power	Oppenheimer Funds	Zurich NA

Taxi) and mobility-impaired (DOT Para-transit).

Join us at our upcoming wine tasting event called the Judgment of Alexandria: France Versus the World. Sponsored by Buchanan and Company, this event will take place on Sunday, September 18, 2011 from 5:30 – 7:30 p.m. at the Athenaeum in Old Town. Borvin Beverage is providing a selection of wines for the event, and Tasteful Affairs Catering is providing delicious

paired food to complement the wines.

So, please remember, we are here for Alexandria’s older citizens, their adult children wherever they may be, caretakers, and you, too. We hope you will continue to support us, and that if you need us, we can be there to support you too.

Sincerely
Janet Barnett

Young At Art

Senior Services of Alexandria and Goodwin House Foundation

Announce

The 25th Anniversary Young at Art Juried Show
The Annual Art Competition Featuring
D.C. Metro Area Artists 55 and Older
September 19 – November 17, 2011
Opening Reception: Thursday, September 22, 2011
5:00 – 7:00 p.m.

Durant Center

1605 Cameron Street, Alexandria, VA 22314

2011 Competition Juror: Carol Lukisch
Cash Prizes: First Place (\$150), Second Place (\$125),
Third Place (\$100)

Competition Rules and Guidelines:

- Open to all DC metropolitan area residents age 55 and older.
- Entry fee (up to three works): \$20
Each additional entry: \$5
- Submissions must be delivered to the Durant Center on Thursday, September 15, 2011 between 10:00 a.m. – Noon.
- All submissions should be exhibition-ready.

For more information, contact Janet Barnett, Executive Director of Senior Services of Alexandria at executivedirector@seniorservicesalex.org and 703-836-4414, ext 11 or Jeanne Jacob, Executive Director of Goodwin House Foundation at jjacob@goodwinhouse.org and 703-824-1345.

Pictures from 2011 Annual Meeting



Congressman Jim Moran greets Annual Meeting attendees



Outgoing Board President Mark Roth presents the gavel to incoming Board President Barbara S. Anderson



Carl Behnke, outgoing Board Member and Chair of the Nominating Committee, explains the Board election process



Board Members past and present



Commission on Aging Chair Jane King gives the keynote presentation on the City's Strategic Plan



State Senator Patsy Ticer, Board President Barbara S. Anderson, and Alexandria Councilwoman and Board Member Redella Pepper pose following the Annual Meeting

DOT Para-transit: 703-836-5222
Senior Taxi: 703-836-4414, ext 15

Meals on Wheels: 703-836-4414, ext 12
Senior Citizens' Resource Center: 703 836-4414, ext 13

The following donations were made to SSA in Honor of

Barbara Anderson
Mr. Alan Anderson
The Elder & Disability Law Center
Ms. Edith Gollomp

Janet & Kenneth Barnett
Dr. & Mrs. William J. Binder
Mr. & Mrs. Thomas Brown
Ms. Bernice Chapman
Ms. Diane Charles
Mr. & Mrs. Lester Edelman

Rose Berler
Mr. & Mrs. Abe Ashcanase

Jonah Boaz
Mr. & Mrs. Richard Kratzok

Judy Drewry
Capt. & Mrs. Vincent J. Argiro

DOT Reservationists
Ms. Safeya Abushady

Suzanne Fedder
Mr. Kirk S. Fedder

Margaret Hawkins
Mr. & Mrs. Randall Wormser

Deborah Lila
Mr. & Mrs. Richard Kratzok

George and Nancy Pera
Mr. & Mrs. Henri Rush

H. Arthur Sauer
Mr. & Mrs. James Vaughan

Senior Services of Alexandria Staff
Ms. Barbara Allen

in Memory of

Donald Anderson
Mr. & Mrs. Alan Anderson
Ms. Phoebe Nicholas
Mr. & Mrs. Stephen Roberts
Mr. Mark Roth
Mr. & Mrs. Ronald Russo
Mr. & Mrs. Kent Wells

Rose Anderson
Mr. & Mrs. Alan Anderson
Mrs. Janet Barnett
Ms. Phoebe Nicholas
Mr. & Mrs. Ed Sattler

Maria A. Balenger
Ms. Juanita Balenger

Karen Duncker
Ms. Theresa N. Lambert

Morton Ford, Retired
APD Police Sergeant
The Hon. Constance Frogale

Margaret Hawkins
Mrs. Janet Barnett
Ms. Elizabeth Bentson
Ms. Susan Shelley Burk
Capt. & Mrs. Thomas Carroll, USCGR (RET)

Capt. & Mrs. Frank Dobrydney
Mr. & Mrs. Weston Donehower

Ms. Rosann Garber
Hon & Mrs. Lee Hamilton
Mr. & Mrs. George Handy
Mr. & Mrs. Ralph Hawkins

Mr. & Mrs. J. Lawrence Hirsch
Mr. Marc Machlin

Mr. & Mrs. David Mitchell
Mr. Brandon Nieves

Pepper Hamilton, LLC
Mr. & Mrs. David Prouty

Mr. & Mrs. Charles Schwidde
Ms. Anna Smith

Ms. Jean Zettler

Rev. and Mrs. Frank G. Koehler
Mr. & Mrs. Lester Welch

Mary Elizabeth Nash
Ms. Mary Lou Palmer

Arthur Neushaw
Mr. & Mrs. Neil Parent

Dr. Robert Peebles
Dr. & Mrs. A. David Bernanke

Maxine S. Pickens
Mr. John Pickens

James T. Seitzinger
Mrs. James Seitzinger

Otis Seward
First Baptist Church of Alexandria
Mr. & Mrs. Robert F. Rosenbaum
Mr. & Mrs. Charles Seward

Ruby Tucker
Mr. & Mrs. Jack Byrd

Christine Van Arnhem
Ms. Carol O'Shaughnessy

Marilyn M. Wharton
Mrs. Janet Barnett

Vera Willis
Ms. Phyllis Taylor
Mr. Rance Willis

President Continued from page 2

and Saturdays for the coming year.

- Providing a series of speakers on varied aspects of family caregiving and aging to educate the community about available resources and opportunities. Watch for the speaker series to begin in November.

- Operating the Senior Citizens' Resource Center as a "one-stop" point of contact for seniors, their families, and loved ones seeking services. This is an outgrowth of SSA's existing programs, and is intended to work in partnership with the City's Office on Aging and Adult Services, the Department of Recreation, Parks and Cultural Activities, other nonprofits, the faith community, and commercial providers.

All of this boils down to the need to establish close partnerships with all of the businesses, agencies, nonprofits, and religious institutions in Alexandria to avoid duplication of services, ensure that they are properly targeted, and to protect our citizens as they age. Each of us has networks of friends, colleagues, family members, neighbors, and vendors we use and trust. If we can combine those networks into a close web we can provide a safety net to increase security and maximize the resources available to our citizens. I hope you will join SSA in this goal as a member, volunteer and by attending events! Please let us know by calling SSA at (703) 836-4414 and ask to speak with Janet Barnett, Executive Director or Mary Lee

Continued on page 7

THANK YOU

Senior Services of Alexandria would like to give particular thanks to all of our supporters who sent in gifts in memory of the passing of Kenneth Barnett.

Ms. Barbara Allen	Mr. & Mrs. Earl Durand	Mr. & Mrs. David Olinger
Mr. & Mrs. Alan Anderson	Dr. & Mrs. Gerard Eng	Ms. Mary Ann Ormes
Mr. & Mrs. Chet Avery	Ms. Barbara Esbin	Mr. & Mrs. Myron Peck
Mr. & Mrs. Troy Baxley	Ms. Michele Evans	Dr. & Mrs. George Pera
Mr. & Mrs. Carl Behnke	Ms. Mary Ellen File	Mr. & Mrs. Ira Polon
The Hon. Melvin Berghem	Ms. Annabelle Fisher	Mr. & Mrs. John Porter
Ms. Rose Berler	Mr. & Mrs. Michael Flemming	Mr. Mark Roth
Mr. & Mrs. Jack Berman	Ms. Donna Fowler	Ms. Dina Rotklein
Mr. Jon Bernheimer	The Hon. Constance Frogale	Mrs. Norma Safren
Ms. Barbara Boehm	Ms. Katherine Gekker	Safren Sales
Ms. Rosie Borders	Ms. Julie Hall	Mr. Arthur Sauer
Ms. Rose Boyd	Hon & Mrs. Lee Hamilton	Mr. & Mrs. John Schaub
Ms. Judy Brandt	Mrs. Marjorie A. Harris	Mrs. Charlene Schiff
Ms. Susan Bray	Mr. & Mrs. William Harris	Mr. & Mrs. Davood Sedaghatfar
Mr. & Mrs. Nathan Brown	Mr. & Mrs. C.B. Harris, Jr.	Ms. Rhoda Seligmann
Mr. & Mrs. Robert Calhoun	Mr. & Mrs. Harry Hart	Senior Services of Alexandria Board of Directors
The Hon. Lynnwood Campbell	Mr. & Mrs. James Hartmann	Mr. & Mrs. Doit Shotts
Ms. Alisa Carrel	Mr. & Mrs. John Jett	Ms. Ross Simons
Mr. & Mrs. F. Andrew Carroll	Ms. Mia Kandel	Simpson Development Inc.
Mr. & Mrs. William Chesley	Dr. & Mrs. Iver Kasenetz	Mr. & Mrs. Jack Slotnick
Ms. Leslie Clark	Mr. & Mrs. Michael Kilby	Mr. Lewis Stearman
Mr. & Mrs. Neal Cohen	Mr. & Mrs. William Kilpatrick	Mr. & Mrs. Robert Stumpf
Ms. Cheryl Anne Colton	Ms. Melissa King	Ms. Jeanne Theismann
Mr. & Mrs. David Colton	Dr. & Mrs. Marc Kozinn	Ms. Blonnie Thomas
Mr. & Mrs. Albert Cook, III	Ms. Vola Lawson	Ms. Nancy L. Perkins Underwood
Mr. & Mrs. Steve Cooper	Mr. & Mrs. Christopher McMurray	Mr. Roland Vaughan, Jr.
Mr. & Mrs. Nicholas Corvelli	Ms. Karen Meister	Ms. Lydia Walter
Dr. & Mrs. John B. Davies	Mr. & Mrs. Carolyn Miller	Ms. Christa Watters
Mr. & Mrs. Emerson Davis	Mr. Joel Miller	Mr. & Mrs. Brian Williams
Mr. & Mrs. Robert Dawson	Mr. & Mrs. David Mitchell	Mr. & Mrs. David Wormser
Mr. & Mrs. James H. Derrington	Mr. & Mrs. John Mitchell	Mr. & Mrs. David Yaffe
Diamond Transportation Services, Inc.	Ms. Valerie Moore	
Mr. Rodger Digilio	Ms. Helen Morris	
Mr. Charles Dunne	The Hon. & Mrs. Daniel O'Flaherty	

President Continued from page 6

Anderson, Resource Center Director.

SSA is partnering with the Alexandria Bar Association to present Senior Citizens' Law Day on Saturday, October 15, 9:00 am-noon, at First Baptist Church, 2932 King Street, Alexandria. Doors open at 8:30 am, and a continental breakfast will be served. Come learn from local experts about basic planning options, long term care possibilities, and how to pay for the care you or your loved ones need at this free event.

Creating partnerships, providing resource counseling, serving meals, and arranging for Senior Taxi and

DOT Transportation services cost money. Every year SSA raises funds for these critical services through a variety of fundraisers. The annual Wine Tasting event, will be held on Sunday, September 18, beginning at 5:30 pm at the Athenaeum, 201 Prince Street, Alexandria. Tickets for this elegant affair are available through SSA at (703) 836-4414.

We look forward to your participation in SSA!

Sincerely
Barbara S. Anderson, Esq.

Important Dates

Thursday, October 13, 2011

Meals on Wheels Volunteer
Appreciation Luncheon
At the Fountains at Washington House

Wednesday, November 2, 2011

Dine-Out to Help-Out
At Labergerie Restaurant
Dinner Only

Wednesday, February 22, 2012

Dine-Out to Help-Out
At Satay Sarinah
Lunch and Dinner

Saturday, March 31, 2012

Generation to Generation Gala
At the Alexandria Hilton Mark Center

Our Wish List

New or Lightly Used

Computers
A Server
Office Furniture
A New Copier/Printer

Filing Cabinets
Goods and Gift Certificates for
the 2012 Gala
And more!

Volunteers

Meals on Wheels
Stuffing Parties
Data Entry
Writing and Editing

Please remember to keep us in mind when you plan your end of year giving.

The Silver Streak is a quarterly publication of Senior Services of Alexandria.

Contributors: Babara Anderson, Mary Lee Anderson, Janet Barnett, Lydia Durand, and Reda Hussein. Production by John Drummond

SILVERStreak

A Publication of

Senior Services of Alexandria
700 Princess Street-Mezzanine
Alexandria, VA 22314

Address Service Requested

NON-PROFIT ORG.
U.S. POSTAGE PAID
ALEXANDRIA, VA
PERMIT NO. 253



CATALOGUE FOR
PHILANTHROPY

Please designate Senior Services of Alexandria in the
United Way Campaign, Combined Federal Campaign and
the Combined Virginia Campaign.



#8311



CVC #8200

CFC #97867