

Silver Streak

Vol. 4 No. 4

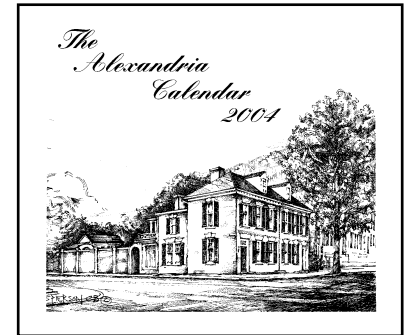
Senior Services of Alexandria

November 2003 - January 2004

2004 Senior Services Calendar Presented



photo by Louise Kraft



Senior Services Executive Director Gwen Mullen, Richard C. Walker and his wife Doreen, Mayor Bill Euille, Vice Mayor Del Pepper and Calendar Coordinator Judy Drewry.

Senior Services presented the Alexandria 2004 Calendar to City Council on November 11. The calendar, a major fundraiser for the organization, contains thirteen pen-and-ink drawings of historic Old Town by artists Catherine Pierson DeCesare and Christine Youngbluth.

The presentation was preceded by a reception in the Vola Lawson lobby of City Hall at which members of City Council were special guests and the outstanding contributions of two retired Alexandria Board members were celebrated. Senior Services honored former Board Presidents George A. Pera, Retired Pastor of Westminster Presbyterian Church, and Richard C. Walker, Jr., of Danaher Insurance, for their dedication

and hard work on behalf of the organization's programs and its mission of assisting Alexandria's older citizens to maintain their independence. The honorees were presented original drawings of Senior Services entryway as gifts of appreciation for their many years of service.

The Alexandria Calendar, which has been produced by Senior Services since 1980, can be purchased for \$10 each (less in volume) at the organization's office at 121 North St. Asaph Street as well as at Elder Crafter's Shop, Market Square Shop, Olssons Books and the Lyceum in Old Town; Diversions and Alexandria Paint Store in the West End. For further information call (703) 836-4414 or (703) 370-1948.

New Board Leadership Chosen

Senior Services is fortunate to have dedicated and capable people serving in leadership positions on its Board of Directors. A profile of Bill Harris, President of the Board of Directors for 2003-2004, appeared in the August edition of the *Silver Streak*. The other new officers and committee chairs are introduced below.

J. Howard Middleton, Vice President, was a partner at Hazel & Thomas, P.C. when that firm

merged with Reed Smith Shaw & McClay LLP in 1999 to form Reed Smith LLP. Mr. Middleton's practice focuses on real estate development, land use and local government practice.

Mr. Middleton earned a B.A. from Haverford College in 1962, a M.Div. from Union Theological Seminary in New York City in 1965, and a J.D. from Georgetown University in 1972. He is presently a member of the Alexandria Bar Association, Lambda

Continued on page 3

Save the Date!

Senior Services and friends will honor Patsy Ticer, Extraordinary Senior for 2004, at the annual Gala dinner dance Friday evening, March 26, 2004 from 6:30 to 11 pm. The event will once again be held at the Radisson Hotel on North Fairfax Street. Reservations have been kept at \$75 each so guests have the opportunity to decide for themselves what additional tax-deductible donation they are able to make to support the programs of Senior Services. Invitations will be mailed in early February.

Reservations with sponsorship opportunities for Senior Services programs are also available from \$500 through \$5,000. To request an invitation or information on making a sponsoring donation, please e-mail Gwen Mullen at gmullen@seniorservicesalex.org or call 703-836-4414 Ext. 2.

Combined Federal Campaign

Please designate Senior Services, Agency # 8311, if you are making a United Way or Combined Federal Campaign donation this year.

End-of-Year Gifts

I/We are enclosing a gift for \$ _____

This gift is from:

Name _____

Address _____ zip _____

Phone Number _____

To honor _____

To remember _____

To acknowledge _____

Name _____

Address _____ zip _____

Mail your gift to

Senior Services, 121 North St. Asaph Street,
Alexandria, Virginia 22314

For more information, please call 703-836-4414
or visit www.seniorservicesalex.org

Contributions have been made to Senior Services in the name of the following friends and loved ones.

In Honor of

Rev. George Pera

By Mr. and Mrs. Melvin L. Bergheim

In Honor of

Ms. Marion Galland

By friends on her 90th Birthday

In Memory of

Mr. John C. Green

By Mrs. Barbara C. Green

Did You Know?

That once you have reached your 65th birthday you can ride metro for half-price? That is, if regular rush hour fare from Braddock Road to Farragut West is \$2.10, the senior card will be charged \$1.05!

Those interested in participating in Metro's Senior Citizen Reduced Fare Program must be 65 years of age or older, show proof of age and complete an application. The Metro ID card will be mailed to the address on the application within three to four weeks from the date of application.

1. If you live in Alexandria, fill out an application at the following sites:

Senior Services office at 121 N. St. Asaph Street between 9 a.m. and 4:30 p.m., Monday – Friday, The **City of Alexandria's Transit Shop** at 1775C Duke Street (it is on Diagonal Road across from the King Street Metro Station) between 10:30 a.m. and 2:30 p.m., Monday – Friday, or at the circulation desks of **all Alexandria Public Libraries** during regular library hours.

2. Bring a valid driver's license, passport (US or foreign), birth certificate or non-driver's ID to the site so the "authorizer" can verify you have already reached the age of 65.

3. The "authorizer" will fill in your name, date of birth, address, and daytime telephone number on the application. He/she will **sign it, put in the current date and give you, the applicant, the pink copy and send the white copy to Metro.**

4. If you do not receive your senior ID card in three to four weeks, call 202-962-1245 weekdays between 7:30 am and 3:00 pm..

5. Once you have received your senior ID card, call 202-637-7000, or visit www.metroopensdoors.com to find locations where you can buy the special Metrorail farecards. Seniors can purchase a \$10 fare card or a \$5 Senior SmarTrip pass (on which he/she can put higher amounts.) The machine at the metro stations can read the senior card or SmarTrip pass and charges half price.



Row 1 from left: Gwen Mullen, Executive Director; Howard Middleton, Jr., Vice President; William Harris, President; Linda Couture, Immediate Past President; Susan Winn, John Davies, Gary Selmeczi, Dorothy Thomas, Paul Van DeWater, Treasurer; Sandy Calhoun, Alfred Duncker, Phyllis Bogle, Poul Hertel, Arlene Hewitt, Arminta Wood and Arnold Fink. Directors not pictured are Judy Drewry, Secretary; Mary Jane Nugent, Sabrina Reilly and Arthur Sauer.

Continued from page 1

Alpha, an honorary land economics society, and the Executive Committee of the Board of the Virginia Association of Commercial Real Estate

Judy Drewry, Secretary, was an administrative aide on Capitol Hill for eight years, followed by a short stint as a realtor in Northern Virginia. She volunteered to help with a Job Fair in Alexandria in 1982 and subsequently found herself on the Board and then doing public relations staff work and employment counseling for Senior Citizens Employment and Services (now Senior Services of Alexandria). For the past 20 years she has been Coordinator for The Alexandria Calendar, which Senior Services produces annually as a fundraiser. She is also Coordinator of the Alexandria Professional Women's Network and in 2003 was recognized for her leadership with their "Woman of the Year" Award.

Paul N. Van DeWater, Treasurer and Chairman of the Finance Committee, is Assistant Deputy Commissioner for Policy at the Social Security Administration and was formerly Assistant Director for Budget Analysis at the Congressional Budget Office. He has written extensively on Social Security, Medicare, and governmental finance and has testified before several Congressional committees.

Mr. Van DeWater holds an A.B. in economics from Princeton University and a Ph.D. in economics from the Massachusetts Institute of Technology. He is an elder at Westminster Presbyterian Church and has served as chair of Alexandrians for Better Community Schools and chair of an advisory committee for the Alexandria City Public Schools.

Sabrina L. Reilly, Chairman of the Strategic Planning and Program Evaluation Committee, is Deputy Director of the Civic Engagement Program for The National Council on the Aging (NCOA). She is managing a new initiative focusing on increasing awareness, understanding and action by policymakers, journalists, and organizational and community leaders to maximize opportunities and reduce barriers to civic engagement involving older adults.

Ms. Reilly holds an MA in Gerontology from the Leonard Davis School of Gerontology at the University of Southern California, and a BA in History from Northwestern University. She is a member of the City of Alexandria Commission on Aging, is the President-elect of the Junior League of Washington, 2003-2004, and a member of the 2001 Class of Leadership Washington.

Gary B. Selmeczi, Chairman of the Development Committee, is Executive Director of the Goodwin House in Alexandria, Virginia. He is a licensed Nursing Home Administrator, a certified preceptor, and has served as an evaluator for the Continuing Care Accreditation Commission.

Mr. Selmeczi is a graduate of Westminster College in new Wilmington, PA and earned a Master's of Health Services Administration from George Washington University in Washington, D.C. He has completed postgraduate work in nonprofit management at Harvard Business School. He is presently a member of the Alexandria Rotary Club and serves on the Advisory Committee for Senior Services' Guardianship Program.



121 North St. Asaph Street
Alexandria, VA 22314

Address Service Requested

NON-PROFIT ORG.
U.S. POSTAGE PAID
ALEXANDRIA, VA
PERMIT NO. 253

Our Mission:

As Senior Services of Alexandria, our mission is to provide accessible, comprehensive and affordable services to seniors within the City of Alexandria and adjacent areas, and to promote the independence and self-sufficiency which enable seniors to age with dignity in their own community.

Please designate Senior Services in the United Way and Combined Federal Campaign. Agency #8311



Whom to Call for Senior Services

Senior Services of Alexandria.....703-836-4414
(Fax) 703-836-1252
(e-mail) gmullen@seniorservicesalex.org
(web site) www.seniorservicesalex.org

Executive Director: Gwen C. Mullen703-836-4414 Ext. 2

Deputy Director: Grace Lynch, MSW703-836-4414 Ext. 3

Administrative Assistant: Marie Joiner703-836-4414 Ext. 0

Employment and Home Care.....703-894-0311

Employment Counselor: Mary Alice Butler-Johnson

Guardianship/Conservatorship.....703-836-4414 Ext. 4

Program Director: Jaquelin Simons

Services Coordination

Martha Contreras,703-836-4414 Ext. 0

Transportation

DOT 703-836-5222

Program Manager: Mary Louise Simpson

Reservationists: Dorothy Carter, Carol Collins, Addie Frundt, Verdine Holmes and Tom Smith

Senior Taxi.....703-836-4414 Ext. 1

Program Manager: Marie Joiner

Reservationists:

Charlotte Drummond, Dorothy Carter, Camilo Marquez and Beatrice Taylor



Board of Directors 2003-2004

Officers

William P. Harris
President

J. Howard Middleton, Jr.
Vice President

Judy Drewry
Secretary

Paul Van De Water
Treasurer

Linda Couture
Immediate Past President

Honorary Board Member

Henry A. Thomas

Members

Phyllis Bogle

Sandy Calhoun

John Davies

Alfred P. Duncker

Arnold G. Fink

Poul Hertel

Arlene Hewitt

Mary Jane Nugent

Sabrina L. Reilly

Arthur Sauer

Gary B. Selmeczi

Dorothy Thomas

Susan Winn

Arminta Wood